



Determining Interests Guiding Questions

1. What are my talents and strengths? How might these talents and strengths help me do my job better?
2. What types of jobs am I interested in?
3. Based on my skills, experience, and education level, what kind of jobs could I obtain right now?
4. What are my long-term career goals?
5. Are my career goals realistic? Can I create a clear, step-by-step plan to make my career goals a reality?
6. What specific steps do I need to take in order to meet my career goals?
7. What types of jobs would make me feel satisfied?
8. What types of jobs would not be a good match for me?
9. What strategies or accommodations might I need to help me perform a job successfully?