

Appointment Details:	
Doctor's Name:	
Address:	
Phone Number:	
Appointment Date:	Time:
Before the Visit:	
Questions for the doctor:	
Current Symptoms:	
Current Medications:	





During the Visit:
Bring the list of medications, including over-the-counter meds.
Tell the doctor the list of symptoms.
Ask the doctor questions and write down the answers.
Write down the doctor's instructions:
If you don't understand something, ask more questions!





Review your notes.	
The view your motes.	
Pickup any prescriptions.	
Write done any follow up quest	tions or notes:
Next Appointment Detail	s:
Doctor's Name:	
Address:	
Phone Number:	
Appointment Date:	Time:

