

## Mistakes

A mistake is when a person does something wrong. It could be missing a math problem, spelling something incorrectly, or completing a task wrong. Everyone makes mistakes. Making a mistake can make a person feel like he is an idiot or worthless. Making a mistake means what the person did was wrong. It does not mean the person themselves are wrong.

When a person makes a mistake, they can:

- Stop
- Take a deep breath
- Say: *"Geez, I can't believe I did that", or, "I'm sorry"*
- Ask for help
- Correct their mistake.

**It's ok to make mistakes. Everyone makes mistakes.  
You are still a great person!**