

## **WHY IT IS GOOD TO ASK FOR HELP**

Everyone needs help once in a while. It is ok to ask for help. Asking my peers or co-workers for help if I am having trouble completing my work is a smart thing to do.

They can give me suggestions and help. By asking for help, they will think that I respect them and value their opinions. They will appreciate me and know I am a hard worker. I will always try to ask for help when I am having trouble with something. Then, I can get the job done right.