

Raise hand.



Say, "I need help."



Asking for help reminders:

1. Think: *Do I need help?*
2. Who can help me?
3. Look and find them
4. Say, "I need help with..."
5. Say "Thank you"

Who I can ask for help today:

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If I am hurt and there is blood

1. Find someone to help
2. Tell them what is wrong
3. Ask for help in getting treated

When I am out of  
materials,  
I need to go  
see \_\_\_\_\_



I need to say,  
" \_\_\_\_\_ "

\_\_\_\_\_ "



Do I really need help?

1. Re-read the instructions
2. Try on my own first
3. Look at the example on the board
4. Try on my own again
5. Take a deep breath
6. Look to see who can help
7. Ask calmly