



Giving Praise and Compliments

Think about it

1. Why should I compliment this person?

It will make them feel good; it might help me make friends with them

2. What can I compliment them about?

- the work they are doing right now
- the work they recently did
- their clothing, shoes, jewelry
- their stuff (something I can see right now)
- their skill or talent that I have seen or heard about

3. Is this a good time and place to say it?

- Is the teacher talking right now?
- Is the supervisor talking right now?
- Is this person talking to someone else right now?
- Is this person close enough to me where they will hear me (without everyone else hearing it too)?

4. Make sure I look at them. Tell them one thing in a sincere and positive way.

Smile and relax

5. Pause for their response and move on.

