



Interrupting Others

Sometimes I have questions and I need answers.

- When I see that someone is busy, I will **write down** my question on my paper.
- I will leave that written question so that the person can see it.
- Then, I will go back to my work.
- They will answer my question when they are not busy.



Interrupting Others

Waiting means that I will:

- Take 5 deep breaths.



- Go back to my work.



- I will check in 5 more minutes.



- They might not be ready in 5 minutes. **That is okay.**



Interrupting Others

I know you need my help.

I will answer your question as soon as I can.

Move on to the next item/task until I can help you.

