



What to Say to a Bully

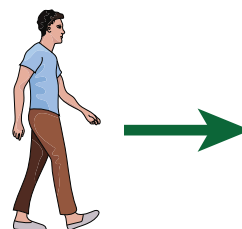
If bullied, I can calmly say one thing, then walk away:

"You really should stop."

"I am walking away from you."

"What you are saying is rude."

"Please, leave me alone."



Walk away



Where to Go If Bullied

If bullied, I need to walk away and go to a safe place:

At work: _____

At school: _____

Community: _____



Who to Tell

Here is who I can contact if I think I have been bullied:

At work: _____

At school: _____

Community: _____