

## COMPLIMENTS

A compliment is a positive statement that someone makes about you. People usually compliment other people in three different areas: 1) Their appearance or things they own, 2) Their performance, skills, abilities, or 3) On certain personality traits.

Compliments can be given to start a conversation. They can also be given to show appreciation during a shared activity or experience. Compliments are one person's opinion of something they like about you. You may not agree with the compliment, but compliments are given as a positive admiring statement.

The most appropriate response to a compliment is a simple *"thank you"*. Sometimes you can just look at the person, smile, and nod your head or say *"thanks"*. It is important to respond to a compliment so people will not think you are rude.