

### **Self-Advocacy** script:



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Raise your hand.

Depending on what you need, you might say:

"I don't understand."

"Can you help me?"

"Can you say that again?"



Say: "I'm not sure how to do this task. Would you help me?"

### **Self-Advocacy** script:



# **Self-Advocacy** script:



Say to instructor (privately or quietly if possible): "I have the accommodation of extended time.

Can I finish this test after school or in my resource class?"

Say to instructor (privately or quietly if possible): "I have a really hard time going to assemblies.

They are very loud and over-stimulating.

It would help me if I could

# **Self-Advocacy** script:



# **Self-Advocacy** script:



Say to instructor/supervisor:

"I am having a really hard time focusing here. Is there a quieter place where I could do my work?" Say to instructor/supervisor:

"I have certain accommodations that help me to do my work to the best of my ability. Here are my accommodations:

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#### **Act it Out Cards**





Self-Advocacy script:	Self-Advocacy script:
You might have to work with a group to get a task done. When you divide up the responsibilities, think about what you do well.  Say, "I think I would be good at	"I have many strengths. Here are few of my strengths that would make me a good employee:"
 Can I do that part?"	 