

### Talkative Co-Worker scenario card:



#### **Loud Music at Work** scenario card:



You are working hard, but a coworker/classmate keeps talking to you. It is becoming difficult for you to concentrate on what you are doing. The person working next to you has music playing from her computer. The music is making it difficult for you to concentrate.

# Crowded Hallway scenario card:



My Work Area scenario card:



You are transitioning from one place to the next, and the hallway is really crowded.

It feels hard to move.

People are constantly walking past your desk, right beside you. It is distracting and it makes you feel weird.

#### **'What's That Smell?'** scenario card:



Someone has microwaved something in the break room. The smell is making you feel sick to your stomach. The person who used the microwave is eating lunch when you enter the room.

## 'It's So Hot' scenario card:



While at work arranging items in the stock room, you begin sweating and feel hot. How do you cool off?



# 'So Bright' scenario card:



# **Sitting So Long** scenario card:



You are working in a setting with really bright lighting that hurts your eyes.

You have been sitting at your desk for a long time, and it is hard to focus.

# **Uniform Difficulty** scenario card:



# **Outside Work** scenario card:



The gloves you wear to do your work are uncomfortable and scratchy.

You have to do work outside sometimes and you hate getting wet when it is raining.