

Self Identifying Environmental Stressors



Self Identifying Environmental Stressors



"I need to wear headphones. The noise is bothering me."





Self Identifying Environmental Stressors



Self Identifying Environmental Stressors



"There are too many people.



Can I wait outside?"



"I am feeling distracted by all this noise.

Self Identifying Environmental Stressors



Self Identifying Environmental Stressors



"I would like to sit _____so I can focus better."

"Going to assemblies is really hard for me.

Can I _____?"