



Break time at work:

Get a drink



Go to restroom



Choose a break activity from your  
choice board



Set timer



\*When timer rings, return to work



Break time at work:

10:15 Get a drink

10:20 Go to restroom

10:25 Hang out at break table  
with friends (use script  
or conversation topics list)

10:30 Go back to work



Algebra:

1. Homework check
2. Review answers
3. Unit 3 notes
4. Practice problems set #12
5. Write down homework in agenda
6. BREAK until end of class:  
read quietly, draw, or  
listen to music with  
headphones